

For Parents Concerned about Their Child's School Attendance: If your child can attend school only with a parent, attends school only sporadically, or is currently not attending school

— Helping students who are not attending school

return to school with confidence—

CoCoKara Program

- In the morning, your child gets up in time for school, eats breakfast, gets dressed, packs their school bag, says, “See you later,” and heads to school with a smile.
- At the dinner table, you enjoy hearing your child talk about what happened at school that day.

Wouldn't you like to bring back that everyday family routine?

Is your child...

- ☒ complaining of feeling unwell in the morning?
- ☒ unwilling to go to school without a parent?
- ☒ missing school more often?
- ☒ having trouble waking up in the morning and often arriving late for school?
- ☒ spending more time in a separate classroom at school?
- ☒ responding only with brief answers?

Are you...

- ☒ wondering whether to encourage your child to go to school or wait and see?
- ☒ wondering if things will be okay as they are?
- ☒ feeling that, despite seeking advice from various sources, nothing has changed?
- ☒ unsure how to support or communicate with your child?
- ☒ unsure where to turn for help?

Families are welcome to consult us at any stage of their child's situation.

Changes in participating families (cases of students returning to school)

A fourth grader

From non-attendance or irregular attendance to regular attendance



The student, who used to attend school only 0-2 days a week, now attends 4-5 days a week.

A first grader

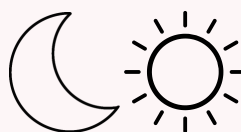
From going to school with a parent to going to school independently



The student, who previously needed to be accompanied by a parent, can now go to the school gate independently.

First-year junior high school student

From a reversed sleep-wake cycle to a regular sleep-wake cycle



The student has corrected her reversed sleep schedule and now wakes up at a regular time.

Third year junior high school student

Improved parent-child communication and relationships



Communication with their parents improved, leading to stronger parent-child relationships.

Still unable to take that first step...

Let's start by listening to your story.

Where to Apply

Toyoake City Independent Living
Consultation Center

☎ 0562-91-3018



LINE



Application Form

What is the CoCoKara Program?

This support program is designed for both parents and children.

It helps parents learn how to interact with their children in ways that encourage the child's independence, while children develop self-esteem and self-efficacy by improving their daily routines and taking on responsibilities at home.

By supporting positive changes in both parents and children, the program helps children return to school on a consistent basis.

Program Flow

STEP 1

Application

We will ask for your preferred consultation date and time, and arrange the appointment accordingly.

How to Apply

- ① Online (using the QR code on the front of this flyer)
- ② Official City LINE account (using the QR code on the front of this flyer)
- ③ By phone: 0562-91-3018

STEP 2

Parent Consultation 1 (In-person or online)

We will listen carefully to your child's situation and your family's circumstances, and we will explore possible support plans.

STEP 3

Parent Consultation 2 (In-person or online)

Based on the information gathered during the consultation, we will propose the most suitable support plan.

STEP 4

Support begins: 12-week support program (approximately 3 months)

Support for Parents

- (1) Weekly home visits and consultations
- (2) Guidance on how to interact with your child in ways that encourage them to think and act independently.
- (3) Report on the initiatives in (2)
*Practical example: Letting your child choose what to wear.
*Daily activities will be carried out while sharing progress with your support staff.
- (4) Encouragement to return to school, when appropriate

Support for Children

- (1) Weekly home visits
 - (2) Building successful experiences and a sense of achievement through walks, exercise at parks, and non-digital play at home
- Through play and activities, children experience more moments of "I did it!" in a supportive environment, helping to build their self-esteem and motivation.

STEP 5

Support ends

You can consult with us as needed even after the support program is completed.